

# **PASMA Low Level Access**

#### **Course Duration:**

Half Day

#### Who will benefit from this course:

Candidates who work from prefabricated units with a maximum platform height no greater than 2.5m.

#### Aim and Objectives:

How to safely assemble, dismantle and relocate low level access units without risk of personal injury to the delegate or others

By the end of the course candidates will have an understanding of:

- Manufacturer's instructions (for the low-level work platform in use)
- Standards affecting the manufacture and the use of low-level work platforms
- Good practice for the safe use of low-level work platforms

# **Course Content:**

- Introduction and housekeeping
- Aims and objectives
- Roles and responsibilities
- Current Legislation, Regulations and Guidance affecting work at height with low level access units, PASMA Code of Practice and BS8620
- Assembling, altering and dismantling low level units Incorporating current best practice for fall protection
- Inspection of completed low level units and completion of Tower Inspection Records
- Hazards affecting the use of low-level units

## Price per Person:

£135.00 per person + £20.00 PASMA Certification = £155.00 per person + VAT

## **Pre-Requisites for Candidates:**

No formal qualifications or experience are necessary, but it would be beneficial if candidates had a basic understanding of work at height issues.

## Literacy, Fitness & Health (Extract from the PASMA Code of Practice):

Since the safe use of mobile access towers requires that delegates consult safety notices and read and thoroughly understand the manufacturer's instruction manual, literacy and language comprehension are important requirements for any tower user.

Similarly, since the assembly and use of mobile access towers can be physically demanding, users should be physically fit and in good health and should, **generally**, not have problems with eyesight or hearing, heart disease, high blood pressure, epilepsy, fear of heights / vertigo, giddiness / difficulty with balance, impaired limb function, alcohol or drug dependence or psychiatric illness.

If delegates have any problems with literacy or language comprehension, or have any doubts about their fitness to use mobile access towers, they **must** bring them to the attention of their employer. This need not preclude them from using mobile access towers, provided their employer conducts an assessment and is able to put into place adequate measures, to take account of any difficulties they may have.

Any physical impairment or literacy issues should be discussed with LTC Training Services Ltd prior to making a booking so we can best accommodate your needs.





## Assessment Method:

Candidates must correctly answer at least 80% (16 out of 20) of the 20 questions asked in the open book multiple-choice theory test paper.

Candidates who do not successfully complete the Written Test Paper shall be advised of the reason(s) for the failure by the instructor and shall be required to retake the training course in entirety at a later date.

Candidates who do not successfully complete the practical assessment or who at any time place themselves or other attendees at serious risk shall be informed of the reason(s) for the failure by the instructor and shall be required to retake the training course in entirety at a later date.

## Supporting Documents:

A course content and notes booklet and a current Code of Practice booklet will be issued to all candidates who attend the course.

## **Training Location Options:**

We offer this course from both our Devon and Cornwall training centres as well as giving customers the option to hold training on site at a location of their choice (subject to the proposed venue having a suitable classroom facility and any other necessary facilities required for this course). Please contact us for further details. (Please note: Hire fees may apply for the Low-Level Access tower)

Required on-site training facilities include:

- Safe area in which to erect/dismantle tower (internal area with 6m head height required in case
  of inclement weather. Aluminium Towers cannot be erected in wind speeds of 17mph/force 4 or
  higher. Failure to provide a suitable indoor area may result in the course being abandoned.)
- Classroom facility suitable for the number of trainees including projector screen/area (canteens are not suitable)
- Access to a Low-Level Access Tower (under 2.5m)
- Current manual(s) for the equipment used
- First Aid provision (a qualified first aider and first aid box must be available)

## **Course Start Time:**

All courses unless agreed otherwise will commence at 8.15am.

#### **Certification:**

Certificates and cards are included in the cost of this course and are produced by PASMA. We must allow 10 working days for delivery. They will be forwarded to the customer once payment has been received in full. The training is valid for 5 years.

#### **Equipment:**

Candidates are required to wear appropriate PPE (safety footwear, hard hat, gloves and hi-viz jacket or vest). Candidates should also bring wet weather clothing in case of inclement weather and should wear full length trousers (no shorts). Writing materials will be provided. Candidates who do not have any of these items should make us aware of this at the time of booking.

## **Lunch and Refreshment Facilities:**

Lunches will not be provided. However, water, tea, coffee, fridge and microwave facilities are available in our canteen for use your use free of charge.

#### **Accommodation and Transport:**

Candidates are required to organise and pay for their own accommodation and transport should it be required. A list of local accommodation can be provided on request.



#### Number of Candidates per Course:

A maximum of 12

#### **Refresher Training:**

LTC Training Services Ltd recommend that candidates re-attend this course every 5 years to ensure they are aware of current legislation and procedures.

#### **CITB Grants:**

CITB Levy registered customers can receive £140.00 per delegate for successful achievement of the course. LTC Training Services will claim this on your behalf, please ensure you have provided us with your levy number.

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